

SUMMERTIME NEWS

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Products & Services

- Charity Fund Raising Events all year round.
- Development Courses.
- Tailored Training.
- Special Events Weekends Open to the General Public.
- Corporate Hospitality.
- Private Group Bookings
- Stag & Hen Weekend
- 1:1 Guiding Services
- Staff Development Programmes



PUDSEY BEAR VISITS ROCK LEA

In June Rock Lea's staff were visited by Pudsey Bear and a group of his friends who were abseiling with us to raise funds for the BBC's Children in Need charity.

We've often run events to raise funds for good causes such as the BBC's children's charity, but this is the first time we have welcomed tv celebrity Pudsey...who was here to encourage staff from Castle Estates who are based near Milton Keynes.

Everyone involved had a great time abseiling in the sunshine from a disused railway bridge over a fast flowing river...and as well as raising valuable funds for the charity this unusual team day out also generated some useful PR images for our client's web site.

Peak Activities Ltd's Senior Manager, Caroline Jennings, said that increasingly she's being asked to organize brief team events with a difference—and now this summer we are organising charity



fund raising events involving caving, abseiling, mountain biking, mountain climbing and even ice climbing! Choose from a choice of half day or full day events or maybe combine several half day sessions to produce a unique programme.

Whether or not you're wishing to raise funds for charity, if you are looking for a safe, well managed corporate event for your colleagues,

please give Caroline or Iain a call on 01433-650345 as soon as possible to discuss what you might have in mind. We'll do our best to help you.

Please see our web site www.iain.co.uk/charity.htm for more pictures and details or simply call us today!

OPEN COURSES: DATES FOR YOUR DIARIES

Some of our popular "Open Courses" (ie events open to the public) in the Peak District in next few weeks are listed here. We welcome late bookings and will be pleased to extend a warm welcome if you choose to book any of these events... Call please for more details.

Beginners Caving Weekends

13th & 14th August ;
10th & 11th September ;
8th & 9th October.

Improvers Caving Weekend

10th & 11th September ;
12th & 13th November

Beginners Abseiling & Rock Climbing Weekends

13th & 14th August ;
10th & 11th September;
8th & 9th October.

Prices from just £129 each. Excluding accommodation. For a full list of what's on please see www.iain.co.uk/deals.htm

WELCOME BACK DEAN !



Dean has agreed to rejoin our team and will be instructing once more as a part time climbing and caving and abseiling tutor !

Dean was one of the stars in the film about our caving activities which was made by Mentorn Films some years ago and shown around the world on the NBC adventure programme "Ushaia"



ALL THE WAY FROM ITALY TO HATHERSAGE !
Delegates from Ellectro Domestici & Hotpoint on a team build with Peak Activities Ltd's trainers.

Past customers who enjoyed their sessions out and about with our tutor Dean Peck will be very pleased to hear that he and his wife are back in Sheffield again now after a time down in the South and

Dean is a qualified and very experienced primary school teacher who is a specialist in teaching other teachers to use interactive whiteboards and other modern teaching tools.



Valued Clients include :

- Rolls Royce*
- Langham Estates*
- Hotpoint*
- Wickes*
- Boots the Chemists*
- The Royal Air Force*
- The Royal Navy*
- Union Pub Company*
- Heraeus Nitro Lite*
- Lincolnshire Police*
- Castle Estates*
- Avon Cosmetics*
- CapitalOne*
- BP*
- EDF Energy*
- Continental Tyres*
- Castrol*
- Powergen*
- Bosch GmbH*
- and many more !*

"REFER A FRIEND SCHEME"

Whilst our busy web site is a great way of generating sales enquiries and sales, we fully appreciate that there's nothing quite like a referral from a colleague or a friend to help spread the word about what we do here.

please put them in touch with us and ask them to mention you when they first contact us.

If you would like to help us by recommending our products and services to your friends or work colleagues

We are currently offering some nice referral incentives including free ice climbing sessions, free "open weekend" places and lots more. Phone us or see our website for lots more details please. Tel 01433-650345.



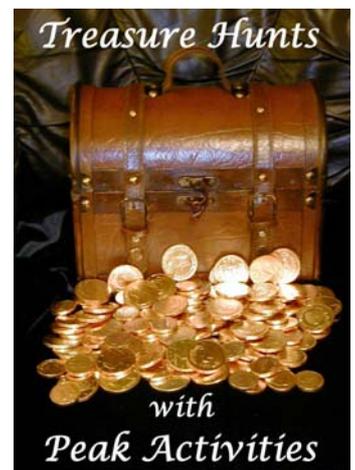
TREASURE HUNTS FOR ALL ABILITIES

The Summer and Autumn are great times for getting out and about and doing something different. Our inter-team treasure hunts are continuing to be extremely popular and successful light-hearted team build events for companies and clubs.

from Wickes, Boots the Chemists, Rolls Royce Aero Engines and from National Grid. We're even organizing treasure hunts this summer for groups from the Royal Navy and the RAF.



Why are pirates called pirates ?
Dunno, they just aaaargh !



YOU CAN CUT YOUR COSTS BY SLEEPING UNDER THE STARS...

New for Summer 2005 !

In response to requests from customers asking for us to help them find low cost budget accommodation in the Peak District and in the Alps—we have just taken delivery of a number of very high quality two and three person tents and sleeping bags which can be used all year round as a low cost alternative accommodation option. For groups who want to keep down their overall costs when booking our activities with our instructors please talk to either Caroline or Iain about renting our tents and sleeping bags and sleeping bag liners.

We are now able to offer cheap accommodation for up to 30 people at a time in the Hope Valley and further afield. As a spin off we are now also able to offer activities such as walking and climbing coupled with low budget accommodation in the Alps and in other parts of the UK such as the Cairngorms and Lake District & Snowdonia in North Wales.

Costs of camp site fees vary from places to place but average at around £4 per night and the cost of hiring tents and sleeping bags etc, is expected to be offered in the first instance at around £14 per person per night...which



is a lot cheaper than having to shell out to buy your own gear if you haven't got any. A damage deposit will be charged to protect the gear. We will be publishing more details soon on our web site but call us soon if you want to consider hiring our new tents and sleeping bags etc. for this sunny summer !

“Now you can stay in Hathersage for under £20 person / night if you hire our tents & camping gear”

PROBLEM SOLVING & TEAM BUILDING...



Peak Activities staff have now developed some very exciting, short cost effective **problem solving sessions** that are ideal for groups of people who are looking for some low cost outdoor team building activities suitable for

all ages and fitnesses. Above is a group of jolly colleagues from BancTec who visited our upland estate overlooking the Edale & Hope Valleys during a very successful team building event with us last year.

We welcome mixed age and mixed fitness groups all year round. Call us on 01433-650345 to discuss any specific requirements you may have. We'll do our best to help you set up an event that everyone will be proud of !

“These weekends and private events have been highly acclaimed in media such as the Sunday Times & on BBC tv & radio programmes”.



Peak Activities Ltd.

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The Hope Valley
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*Check out our website
www.iain.co.uk*

*We won't let you
down
except on a rope !*

- ROCK CLIMBING
- CAVING
- POTHOLING
- ABSEILING
- SAILING
- SCRAMBLING
- NORDIC WALKING
- ORINTEERING
- TRAIL QUESTS
- MOUNTAIN BIKING
- ICE CLIMBING
- TREASURE HUNTS
- PROBLEM SOLVING
- HIGH ROPES
- GUIDED WALKS
- EXPEDITIONS
- TAILORED EVENTS
and much more !



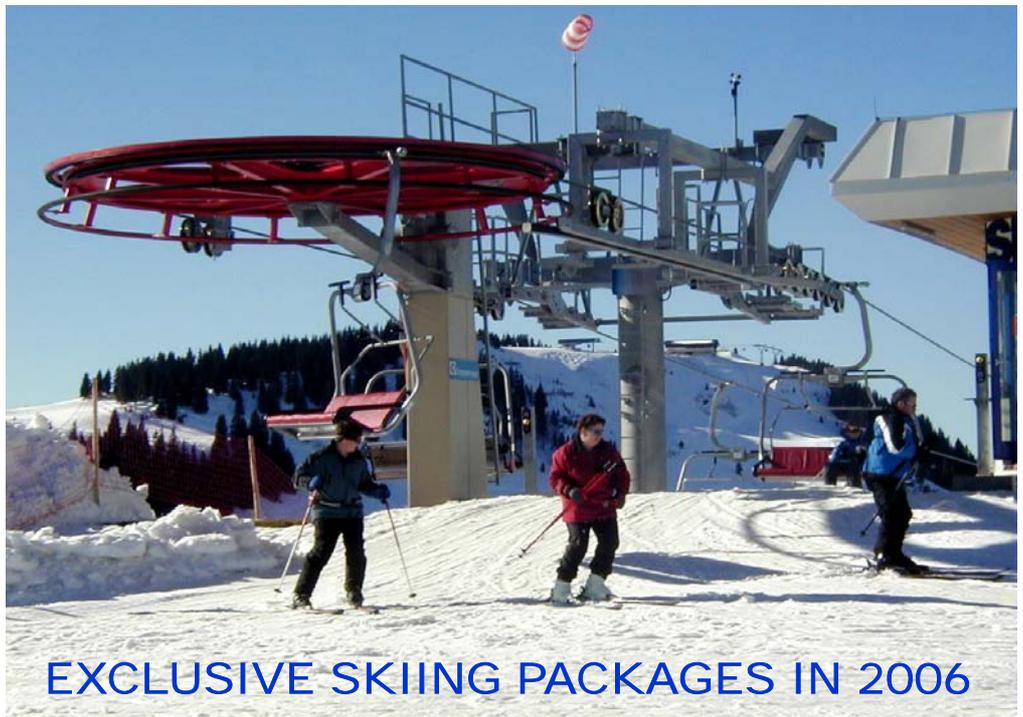
CHARTERED TEAM DEVELOPMENT SPECIALISTS,
OUTDOOR EDUCATION & TRAINING CONSULTANTS

Peak Activities Ltd. runs a wide range of safe, friendly outdoor pursuits and training programmes all year round in the accessible Peak District National Park in Derbyshire, England. In recent years we've started offering events such as skiing, ice climbing, mountain biking and led-walks in the fabulous Tyrol in the scenic Austrian Alps.

Please contact our Sales Director, Dr. Iain Jennings on 01433-650345 to discuss any queries or if you wish to book an off-the-shelf event or wish to talk about our tailoring a special bespoke event just for you. Iain will do his best to help you.

We now offer a wide range of activity & sports including abseiling, rock-climbing, scrambling, Nordic walking, potholing, orienteering, mountain bike trailquests, ice climbing, sailing, canoeing, board sailing, problem solving, high ropes challenges, guided walks, caving and much more ! Sophisticated tailored staff development & training programme can also be arranged for corporate clients all year round in Tyrol and in various parts of the UK. Please see our new website www.iain.co.uk

WINTER FROLICS WITH PEAK ACTIVITIES



EXCLUSIVE SKIING PACKAGES IN 2006

Looking ahead we're now making plans for our next skiing trips to the fabulous interconnected pistes of the Wilderkaisegebirge-Brixenthal Grossraum Circus skiing area in Tyrol. In 2006 we are offering up to 20 places per week to our tried and proven base in Ellmau where we will be skiing, snow shoes walking and orienteering.

There will be free places for those lucky people who refer us to their companies and generate substantial volumes of business for us — and places are available for past clients. Call us for prices and dates starting in February & March 2006.

Call 01433-650342 for details.

